AUGUST SHORT NOTE

Dear Members;

Just another busy day and I am trying to decide what should come first so decided this would be something to get me started on a nice day. I have been going thru items that I have collected for the past years and I do have quite a few programs for our meetings and I have put aside to bring to the Rallies for Chapters that may need them. If anyone has any special programs that you would want let me know and I have them I will put them aside for you. I am going to have an empty room real soon, darn more area to clean. I think it is fun to go thru things and I remember so many items and members that have been with us for many years. I have had so many special things in TOPS and I know I will miss seeing everyone. I have enjoyed these part years and I know there will be many more. Let's keep in touch.

Rally information

I am enclosing the three dates we have for Rallies and still looking for another date in the Fremont area. Meeting places seem to be getting so expensive and we really try to get ones we can afford. We need the friendship and encouragement over the Holidays and we all enjoy getting together, it is out time. Will send the information as soon as possible, course you may attend all of them if you like or more than one, whatever.

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Brenda Moore A/C has decided she must resign as of August 1st. She has worked hard and enjoyed her time with all the different Chapters, but her health and then all the new little ones that are calling her Grandmother has taken a little bit of her time. I appreciate all the time she has been with the Different Chapters and working on the ARDs and we have traveled to many IRDs together. Nancy Mark will be a new A/C in some of the area that Brenda worked with. She has been working on many ARDs so I am sure you will all know Nancy.

Donna Buttitta will be A/C for the Marin and Santa Rosa area.

Nita Scott will be in the Sacramento area.

Franki Borowski, your new Coordinator, will be letting you know the Chapters they will be attending. Franki will be moving to the Sacramento Area. All Chapters will be taken care of and getting to know their new Field Staff. I am so proud of all the A/Cs, they have really helped in so many ways.

The hot days are nearly over. Enjoy time with family and friends and attend your TOPS meetings and get those scales to go down, walk daily and KOPS help your care pals and have them in the Circle of Light with you at SRD.

HUGS AND TOPS LOVE *Loretta*