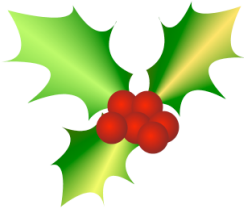


Hello my TOPS Friends.

Please share with your chapter.



*This week I wrote this little rhyme, my computer's fixed and just in time.
I've had a week of sheet frustration, which I treat by yielding to temptation.
So I had to force myself to do...other jobs, which were long overdue,
So when you're bored or in a tizzy, find things to do which keep you busy.
Don't stuff your face or sit and brood, do something fun to lift your mood.
You'll find that when you're occupied, you aren't obsessed with your inside.*

With the help from some of my chapters I've been updating the list of KOPS in my area. My field staff list isn't complete, some missing and some had to be removed. At this point in time I count 63 KOPS! I know of a couple more that should reach their goal very soon. How terrific is that??? I truly proud of all of you, whether you are a KOPS or a TOPS. I believe in you and know, in your time, you will reach your goal

Miscellaneous Reminders:

1. Chapter Resumes should be sent to Coordinator Carlene Wellington, 6902 128th St. E. Puyallup, WA 98373, by January 8th. All Renewals and New Membership and all KOPS forms should also be sent to Carlene.
2. Awards and other orders are sent to TOPS - **NOT Carlene.**
3. 2011 SRD, "Growing Together in TOPS" will be held in Spokane, **June 3rd & 4th.**
4. Treasurer's Audit (April 1, 2010 - March 31, 2011) should be sent to Carlene by April 30, 2011. I know this is new to many, so take some time now and familiarize yourself with it.
5. Visit www.whywelovetops.com <<http://www.whywelovetops.com>> see what others are doing. Just click on Washington, then scroll down to a picture of Carlene. Click on any picture to open their site. Take some time, you won't regret it! Why not send your chapter news to Deb Kuney mind4tops@gmail.com Take the time to visit the other states under Regional Director Nancy Marasco.
6. **SAVE THIS DATE!** Mount Vernon Spring Workshop is **April 23rd. 9:30 - 2:00.**
7. TOPS theme for 2011-2012 is "The Road to Success". I'm sure you've read Barb Cady's articles in TOPS News. It's a fun theme and chapters can do so much with it. Get your Board of Directors to put their thinking hats on now and be prepared to start on a new "road trip".
8. PLEASE: changes in a officers/members address information, or any changes to your chapters email contact person, please let me know right away. This is important!
9. For those who asked about the TOPS jackets, Carlene is looking into the possibility of offering them for sale. I really enjoy my bright navy jacket, but they also come in a brick red, black, dark green, grey, and stone. It is doubtful that vests can be offered again. More to come when Carlene has the necessary information.
10. Remember most all forms can be printed from the TOPS web site.
11. All chapters were sent 2 copies of the Chapter Manual (months ago) and can be purchased for \$2.00. This takes the place of the OLD Weight Recorders Guide and the Chapter Guide. If your chapter is still using either, please get rid of them. They are outdated. The chapter Manual is easier to use. Why not get a copy for each of your officers? This is in a notebook style so any changes will be sent to chapters - but only of the pages that have changes in them.
12. ***Weight Recorders: Be sure all KOPS in your chapter have a December 2010 weigh-in.

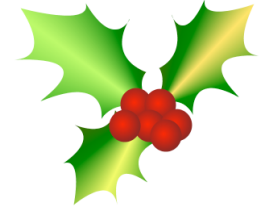
Christmas isn't Christmas without a lighted tree,
You need the gleaming candles and the children's shouts of glee.

AND

Christmas isn't Christmas without a lot of folly,
You need those long red stockings and plenty of bright green holly.

AND

Christmas can't be Christmas and I'm sure you will agree,
If missing from the table is a nice fat stuffed turkey.
Turkey for Yuletide . . AND for tomorrow, and tomorrow, too!



I'd like to **THANK** all the chapters who have sent me get well cards and to those who sent retirement cards. Your cards and love gifts were truly appreciated. It's been my pleasure to be your Area Captain and I'm leaving with a trunk full of memories. The very first chapter I visited as an Area Captain, will also be my very last chapter to visit before I retire. Strange? It seems I've gone full circle. I'm now on the 'Speakers List', so your chapter can invite me to do a program. I really look forward to seeing many of you at Workshops, Fall Rally and SRD's, and getting a hug. At this time my replacement has not been named, but I know you will welcome her as you did me. My chapters are the BEST!!! Just ask me!

Twelve weeks into the season and all through the house
every creature was frantic, 'specially me and my spouse.
Not enough presents were purchased or wrapped
'cause budgets were bursting and ready to snap.
When in through mail boxes all over the land
came a wonderful message like you hold in your hand.

All is calm All is bright.....May His presence bring you a season of peace,
happiness, wonder and joy! Merry Christmas and a very Happy New Year!

Dream big, reach far, shine brightly...(remember always) You're a star!



Carole
Your TOPS Area Captain