

Losers Unite

**We lost 861,192 pounds in 2009.
How much did you lose? Join Us!**



TAKE OFF POUNDS SENSIBLY

We invented the weight-loss meeting and the support group in 1948. We've been helping people just like you **lose weight** and **keep it off** for more than 60 years.

You've probably never heard of TOPS. That's because we don't spend millions on advertising. We're not in it for the money.

We're a nonprofit organization.

Your first meeting is FREE.

Dues are only \$26 a year if you join.

You've got 170,000 friends eager to support you in reaching your weight loss goal. We can give you all the help you need.

Find a meeting at **www.tops.org**

It's great to be a Loser.

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677

www.tops.org
(800) 932-8677