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Free to the public!
 Take Off Pounds Sensibly with:

Weight-loss success • Nonprofit, low-cost program
 Ongoing support & recognition • Expert advice
 Healthy lifestyle guidance • Real results

Everyone is welcome to join us
 (no obligation)!

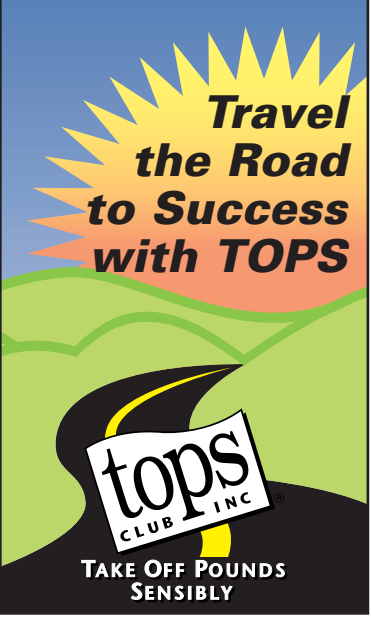
When:

Where:

For information call:

www.tops.org • 800-932-8677

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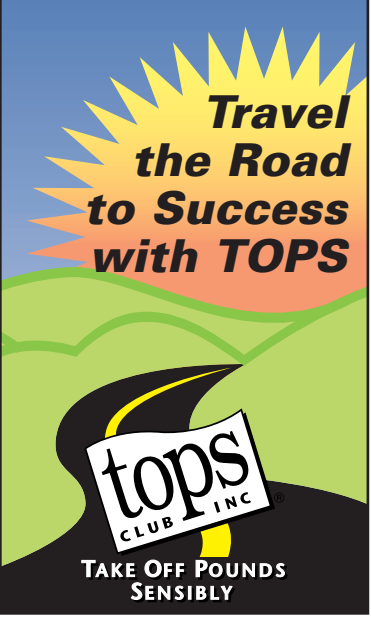
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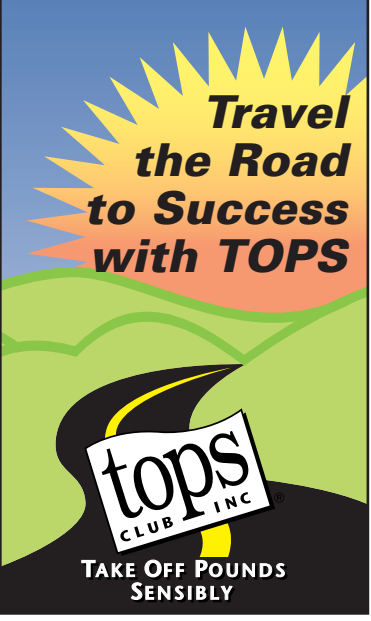
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