



Coordinator's Newsletter



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2011 Fall Rally Days

"Spread Your Wings and Fly"

Complete details and registration materials are included with this newsletter

Contact your Area Captain if your chapter is having a contest or incentive with a visual aid such as a poster, chart or map using The Road to Success theme.

We would like to display some of these at rally.

Hope to see you all there!



REMINDERS

1. Please remember to always put your chapter number and city and your full first and last name on all correspondence to me. Recently I have received some hand-written notes and emails requesting supplies or information that have been hard for me to determine where to send the materials.
2. When the chapter treasurer goes on vacation or has to miss meeting for two or more weeks please be sure the cash box and chapter checkbook are left with another officer, such as the co-leader, whose job it is to fill in for absent officers.

WORKSHOPS

I will not hold any September and October Coordinator Workshops as I will be attending all six of the Fall Rally Days in our area.

Please let me or your Area Captain know if you would like to have a workshop in your area in November or December. Help in making arrangements is always appreciated. It needs to be in a location where representatives from several chapters can attend. Area Captains and I will be holding workshops to review year end weight recording and chapter resume preparation. Also, the topic of discussion in our continuing leadership skills series will be **Praise, Recognition and Rewards**. Ideas for Awards, KOPS Recognition and other ceremonies will be discussed and shared.

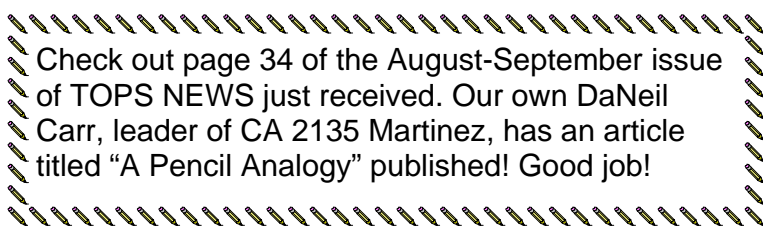
The Road to Success Open House

I encourage all chapters to hold a *welcome back meeting* for past members or an *open house* inviting friends, family and neighbors in your community using the "The Road to Success" theme this fall. What an excellent way to incorporate TOPS theme for 2011-2012 into your chapter plans. **And the great news is that newly designed open house materials using this theme are available in the Leaders Corner at www.tops.org!**

Now is such an excellent time to have Open Houses! Everyone is coming back home from vacation. School is starting. Life is settling back into a normal routine. Snowbirds are readying for travel and the holidays lie ahead. All of us are thinking about getting back on the right path to successful weight loss and maintenance.

Many chapters have shared wonderful ideas using the theme in TOPS News. Use those ideas and come up with some of your own. March 2011 TOPS News has The Road to Success: Road Trip Contest that you can do and use to show and tell at your open house. Have a successful loser tell their story. If location is right, have a 15-20 minute TOPS walk. (Remember the walk waivers of course).

Encourage everyone to wear a TOPS t-shirt. Get all your members to participate and share creative ideas for getting the word out about our pride as TOPS members. Let local media know about it. Have fun! Let your Area Captain or me know what you did, when you did it and include a picture if at all possible. Every chapter who does this will be awarded a special certificate.



Check out page 34 of the August-September issue of TOPS NEWS just received. Our own DaNeil Carr, leader of CA 2135 Martinez, has an article titled "A Pencil Analogy" published! Good job!