



# GET FIT

## Family Fun is Fantastic If you Take Time for TOPS Together!

**WHO:** Sign up (in our Area) your spouse, children, grandchildren, siblings, cousins, aunts, uncles and grandparents. Did I leave anyone out? BRING THE FAMILY!

**WHAT:** Our new Summer Challenge!

**WHEN:** Starting May 1<sup>st</sup> through September 1<sup>st</sup>, 2011

**HOW:** Attach a note to all new memberships in your chapter that are NEW to TOPS (or have been lapsed 6 months or more) who are related to a current member in our Area. The member bringing in their family gets credit for *their* chapter even if the family member joins a different chapter. (if the chapter is different, please include the referring member's chapter)

**WHERE:** The winning chapter will be recognized at our Fall Rally on Sept 24 and you must send a chapter representative to win.

**WHY;** Because it will be rewarding to GET FIT together AND to win money for your chapter. Sign up the most and be honored in September AND:

The winning chapter will receive \$10.00 for each new family member joining.

REMEMBER IT'S ONLY HALF PRICE (\$13.00) FOR YOUR SPOUSE, TEENS & PRE-TEENS!

### TIME FOR THE ORANGE COUNTY FAIR

The Theme for the Fair this year is "Let's Eat" which translates perfectly for us into "Let's Eat Sensibly!" Join your fellow members with a free ticket to the Fair by signing up to work at our TOPS Booth. Fair Chairman Annette Lemoi has a sign-up notice on an additional attachment to this month's Newsletter. The deadline is June 1<sup>st</sup> to sign up.

### KOPS CORNER

Congratulations New KOPS in CA 0572,  
Quartz Hill, **Francys Slaton**  
**Frances Lopez and Doris Pattishall** in CA  
1440, South Gate.

### Welcome back Reinstated KOPS

**Mildred Raper** – CA 0253, Torrance  
**Lupe Hernandez** – CA 0367, Arcadia  
**Kathryn Jones** – CA 0075, La Habra  
**Charline Babb** – CA 0178, Costa Mesa

### MARK YOUR CALENDARS:

#### Northridge JUNE 4

9:30 am arrival time & meeting starts at 10:00 am  
Northridge Christian Church  
18901 Chatsworth Street

#### Downey JUNE 7

9:30 am arrival time & meeting starts at 10:00 am  
Light and Life Church - 9245 Florence Ave

#### Anaheim JUNE 7

6:30 pm arrival time & meeting starts at 7:00 pm  
Victory Baptist Church -227 N. Magnolia

Shared at Workshop this month by Judi Brand from  
CA 1852, Granada Hills:

**Remember – You can't put on what you  
don't put in!**