



NEWS AND VIEWS FOR CALIFORNIA TOPS
Serving Orange and Los Angeles Counties



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September 2011

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PLEASE READ TO YOUR CHAPTER

COME BACK TO WORKSHOP FOR.....

- Leadership skills
- Show and tell
- Meeting other members

There's always something new to learn or someone new to meet when you attend workshops. **Don't miss the last workshop of the year** being held at the following 3 locations in October. In December I will be mailing the chapters each a roster of all KOPS with the information needed to fill out the KOPS charts at the end of the year, but bring any questions about the annual resume report or TOPS and KOPS charts so you'll be prepared in December.

Northridge OCT 1

9:30 am arrival time & meeting starts at 10:00 am
Northridge Christian Church
18901 Chatsworth Street

Downey OCT 4

9:30 am arrival time & meeting starts at 10:00 am
Light and Life Church - 9245 Florence Ave

Anaheim OCT 4

6:30 pm arrival time & meeting starts at 7:00 pm
Victory Baptist Church -227 N. Magnolia

KOPS CORNER

Congratulations to our new KOPS registered since the last Newsletter

Mary M. Jones - CA 0168, Northridge
Bess Alderman – CA 2092, Lake Forest
Macel Smith – CA 1187, Midway City
Pat Marx – CA 0764, Chatsworth
Mutsuko S. Shigetomi – CA 0370, Lomita

Returning as KOPS, welcome back to:

Judy Turner - CA 1187, Midway City
Irene Swift - CA 0011, Long Beach

CONGRATULATIONS TO CA 1097, BUENA PARK

They are the first chapter in our Area to earn a free membership for their chapter with their enrollment of 4 new members since July 1st!

“HOUSEKEEPING” NOTES

Please share this information with the officer it would apply to in your chapter.

- With the price of gas, please remember that \$10 is the minimum honorarium that you should give your Area Captains or other guest speakers.
- Any time you submit a note or goal slip from a member's doctor, please send me the original and keep a copy for the chapter if you wish.
- Please do not clip or staple the checks to the applications when you send them.
- When submitting more than one renewal at the same time, it would help me a lot if you would make out only one check.
- An especially important reminder about speakers in your chapter. It has come to my attention that a Marketing Consultant, David Singer Enterprises, has a speaker's referral that purports to be outreach to the community when in fact you must be an active client of that marketing company to be listed as a speaker at "Foundation for Wellness Professionals". Please do not use this service. While TOPS is open to realizing that there are many alternative methods to help us with weight loss, we do not allow speakers that in any way connect with their own business. Members need to feel protected from being a captive audience to any business or service while they are at a TOPS chapter meeting.

Please make sure you don't miss the information this month from President Barb Cady in the Notes from the Board that was sent to you at the same time as this Newsletter.

There is no such thing as a mistake, only many ways to get it wrong before you get it right! Hugs, Karen ♥