

JEAN'S BRIEFS

December 2011



MERRY CHRISTMAS!!!!

HAPPY NEW YEAR!!!!!

I want to wish each and every one of you a very Merry Christmas and a happy and healthy New Year!!! I know this is a real busy time for so many of you but don't lose yourself in all the hustle and bustle. Take time to sit back and enjoy this special time of the year. You all deserve it. And then there are the New Year's resolutions. How many of us make them and break them every year? I think a lot of us do. Let's all try something different this year. Let's not only make the resolutions--let's try to keep them!!! Wouldn't it be great if we all succeeded? Just think how much better our lives would be.

WEIGHT RECORDERS

Yes, it's that time of the year again. It's a time we all stress over the end-of-the-year resumes. It's a busy time for all of us and there always seem to be questions that arise. Please call me if you have any questions. I have so many who call and apologize for bothering me. You are not bothering me!!! I'm happy to answer any questions you may have. And, besides, I like talking to you. And don't not call me because you think a question is a "dumb" one. There are no "dumb" questions. Remember, I'm here for you!!!



I'll be holding my Workshop to go over weight charts on January 7 at the Mission del Magnolia Mobile Home Park, 10800 Woodside Avenue, Santee. It'll start with a time to socialize at 9 AM and the workshop at 10 AM. You can hand in your charts at that time. It'll save you postage. There will also be a Workshop in San Marcos on January 14. That information is in Margie's newsletter. That will be after the January 8th deadline so don't wait until then to turn in your charts.

CONGRATULATIONS

Congratulations to Kris Kneeland and Debbie McAnulty from CA 0385 Poway for walking in the Susan B. Koman 3-Day Walk. They walked over 60 miles. What a great accomplishment. We're proud of you!!!

