

**TOPS UNDER THE BIG TOP  
SRD, 2011, APRIL 8-9 EUGENE OREGON**

**FEBRUARY**

Leaders please share this letter with your members at the next chapter meeting.

Hello to the best chapters in TOPS !!

I hope everyone is as excited as I am about the SRD in Eugene. We are having great Speakers, workshops, and entertainment. It will be motivational with all our State winners on Stage, and hearing their success stories will give you a jump start to get back on the Tops road to success. I hope you are planning on attending the Banquet Saturday evening to honor all our State Winners. The SRD packet and Motel list is available to download on our Web Site, [whywelovetops.com](http://whywelovetops.com) just click on Oregon, then on the block under my picture.

The first chapter meeting in March is 2011 is chapter officer elections. Please refer to page 17 - 18 of your chapter manual instructions for the election. Also please send the completed new new L-001 to me after the elections. Page 13 of the chapter manual list the duties of the chapter officers. The new officers take office the first meeting in April. If you wish Your Area Captain can do your chapter installation of Officers please contact them soon to get on her schedule.

Included with this mailing is your returned chapter resume and certificates for your Chapter winners. And a notice for yearly workshop fee, please fill out the form for workshop fee of \$10 and send back to me immediately. The chapters that have paid are: OR 0085, OR 0195, OR 0270, OR 0476, OR 0518, OR 0828, OR 0866, OR 0867, OR 0881, OR 1078, OR 1081, OR1138, OR 1139, OR 1144.

**CONGRATULATIONS:** to all the Chapter winners and chapter Royalty for 2010. We had some wonderful losses and I applaud you on your accomplishment.

To OR 0476 Albany for a no gain meeting with over 35 members. They have a new "On The Road to Success" Contest and using the "Daily Do It" Book offered by the Area Captains when they do the chapter AC program. The book is a very effective Tops tool for weight loss and maintenance.

To Tops OR 1164 Corvallis ( our newest Chapter ) having two no gain meetings and a chapter weight loss of 76.75 pounds for 3 months. Again welcome to our Tops Family.

To Larry Pearl Tops leader, and Area Captain Jo Tegge for the wonderful TV interviews and getting the word out about Tops in the Eugene area. Larry has lost over a 100 pounds in Tops and has a wonderful success story which he will share at the SRD workshop on Friday morning.

Area Captain Arlene Ammons is now at her Daughters home and is doing well and on the road to recovery. She thanks everyone for all the cards and phone calls she has received. She misses all her chapter members, please keep in touch .

Closing Quotes : The most wasted day of all days is one without laughter.



Winning isn't everything, but wanting to win is.

Hugs All Around  
John