

Please share this with your chapter

Hello everyone!!

WOW can you believe summer is over????? Seems like it just started... well FALL her we come.....

RALLY is Oct 1st in Moses Lake and the High School, We have had it there before and it's a great venue. The seating is great and a wonderful place to enjoy your lunch inside or outside seating is provided. So maybe your chapter can plan a healthy picnic. Our special guest speaker is International Queen from Oregon. Dione Housden lost 228.5 pounds to goal. She has a wonderful story to share with us. Also remember to read your Rally papers well, fill out all the pages, encouraged your members to participate in our events. Before and After, coloring contest, name tags, chapter cheers are so fun to hear, don't forget to vote for a TOPS Jewel inspirational member. This is going to be so much fun. I'm hoping to see you all the first of October.

How about your chapter doing a skit?? How fun!!!! Get your copy to Barbra by September 21st.

Remember look your papers over good and send them in by September 23rd. Vests and Jacket orders are due by September 7th. You will be able to pick them up at Rally. These are great for your chapter to have when walking together or attending TOPS functions. They look nice and wash and wear great!! Lots of colors to choose from be sure and check them out!

## IRD

"Happy Days in TOPS" IRD in Milwaukee was fun, and so inspirational. We had great speakers they really got me thinking. I'm putting together a program that I will share with you soon. Next year it's close to us in "San Diego, California."!

I hope we will have members from our area attend. It will be July 5th, 6th and 7th, 2012.

If I haven't already visited your chapter I'm on my way :o)

Thanks to all that have helped with my gas money. I really appreciate it. I so enjoy visiting with you. Remember I'm always here for you if you need anything please call or email me. Also if you know of a Health Fair near or in your town, please let me know as I will be more than happy to attend and set up a table. I love doing the health fairs it's a lot of fun. Just give a call or drop me a e-mail

How are you and your chapter doing on the "Road to Success"? There are lots of ideas on our website [www.topsorg](http://www.topsorg) <<http://www.topsorg/>>

Check it out and start something new in your chapter. The road to success is a great theme and there's a lot of ways to use this theme.

I hope to see you all soon Love Marv