



Carlene's Chit Chat  
January/ February 2011

TAKE OFF POUNDS  
SENSIBLY

Hello to all of my wonderful TOPS & KOPS Friends,

The end of the year 2010 is behind us. Thank you - Thank you - Thank you Weight Recorders.  
You are all awesome and did a fantastic job, which makes it so much easier for me.  
Another huge thank you, for sending your Maintenance and Workshop Fees, and your "How does your chapter rank" form.



Are you ready to take  
"The Road to Success?" This is the theme for 2011-12.  
2011 is going to be a very good year!

Calendar of Events

Please go on line to find my News Letters and informational items.

<http://www.whywelovetops.com>

I will be out of my office from February 20<sup>th</sup> to March 4<sup>th</sup>. Gary and I, along with many TOPS Friends, will be taking the TOPS Cruise to the Panama Canal.

Please send me the results (L-001) Officers Chart, immediately after your Election of Officers the first week of March. Order your awards from Headquarters early. Plan to make a special Chapter event for your installation of officers the last week of March.



Chapters that entered the winter weight loss contest through the KOPS Societies in your area, please remember to send in the results by March 20.

Audits: Annual audits March ending. Due by the end of April.

TOPS Walks Washington: May 21<sup>st</sup> Area Captains will announce the place and time.

TOPS SRD 2011: "Growing Together in TOPS" June 3<sup>rd</sup> & 4<sup>th</sup> Spokane WA  
Convention Center TOPS IRD 2011: July 7, 8, & 9



Milwaukee Wisconsin.

Looking forward to seeing you soon!

Love & TOPS Hugs, Carlene

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# 2011 "Spring Funshop" Schedule

All funshops will be from 9:00 am to 2:30 pm

ALL OFFICERS AND MEMBERS INVITED TO ATTEND

- March 19, 2011**      **Parkway Presbyterian Church**  
714 138<sup>TH</sup> Street East  
Tacoma WA 98445
- April 9, 2011**      **Community of Christ Church**  
20012 Filbert Drive  
Bothell WA 98012
- April 16, 2011**      **Southcenter Community Baptist Church**  
14742 Macadam Road S.  
Tukwila WA 98
- April 23, 2011**      **Providence St Peter's Hospital**  
413 Lilly Road NE      (Rooms 200-202)  
Olympia WA 98506
- April 30, 2011**      **SKP Club House**  
2481 Anderson Lake Road  
Chimacum WA 98325

Bring a sack lunch. We will be going over all the chapter offices, which will be especially informational for first timers and repeat officers. Our Area Captains will be giving ideas for contests and programs. We will have promotional items available for you to do a little shopping. If your chapter is interested in selling craft items please call Carlene 253-845-8693.

**Looking forward to seeing all of you at our "Spring Funshop".**