



TAKE OFF POUNDS SENSIBLY

MARIA'S MINUTES

September /October 2011

Hello everyone!! Summer has come and gone. Hope you enjoyed every sunny day we had. I know I did. All five of them. Ha!!!!

Fall Rally

Cruisin' and Losin' with TOPS
Saturday October the 22nd
Bethany Baptist Church
713 South Hill Park Drive, Puyallup

Fall Rally Chapter Angels

Chapter angels should be voted on by your chapter before you go to Fall Rally. Leaders please do not announce who your chapter angel is. Please note that your angel must be attending Fall Rally. This will be a surprise to your angel and your chapter!!!! There will be no costume dress up this year. Leaders please just have information with you when you attend Fall Rally.

Fall Rally Items to be Judged

- 1} Name tags
- 2} Posters
- 3} Chapter Costumes
- 4} Chapter Cheer

*Instructions for all the above items can be found in Carlene's last news letter!

*Send Fall Rally registration forms to Carlene by: September the 30th
Skits are still needed!!!

Fall Rally Point Contest:

Pam Harper
19711 n6th Ave. ct. E.
Graham, WA98338

*Results are due September 15th {ASAP}

Weight Recorders Workshop

October 29, 2011

Belfair Community Baptist Church

23300 NE State Route 3

Belfair, Washington. 98528

"Why We Love Tops"

<http://www.whylwelovetops.com>

This website has copies of mine and Carlene's newsletters plus much much more!!! Check it out!!!

Reinstated Kops

Rosemary Wyatt- Tops # WA 977, Silverdale
Jaye L. Allen -Tops# WA 1032, Belfair
Diane T Knisley - Tops #WA 1225, Hoods port
Gloria L Gilchrist - Tops #WA 0231. Pt Orchard
Leona J Carr - Tops # WA 0459, Bremerton

"WITTY"

WE'RE IN THIS TOGETHER, YEAH!!!!

Your Tops friend, Love and hugs to all,

Maria R. Goss,

Tops Area Captain

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